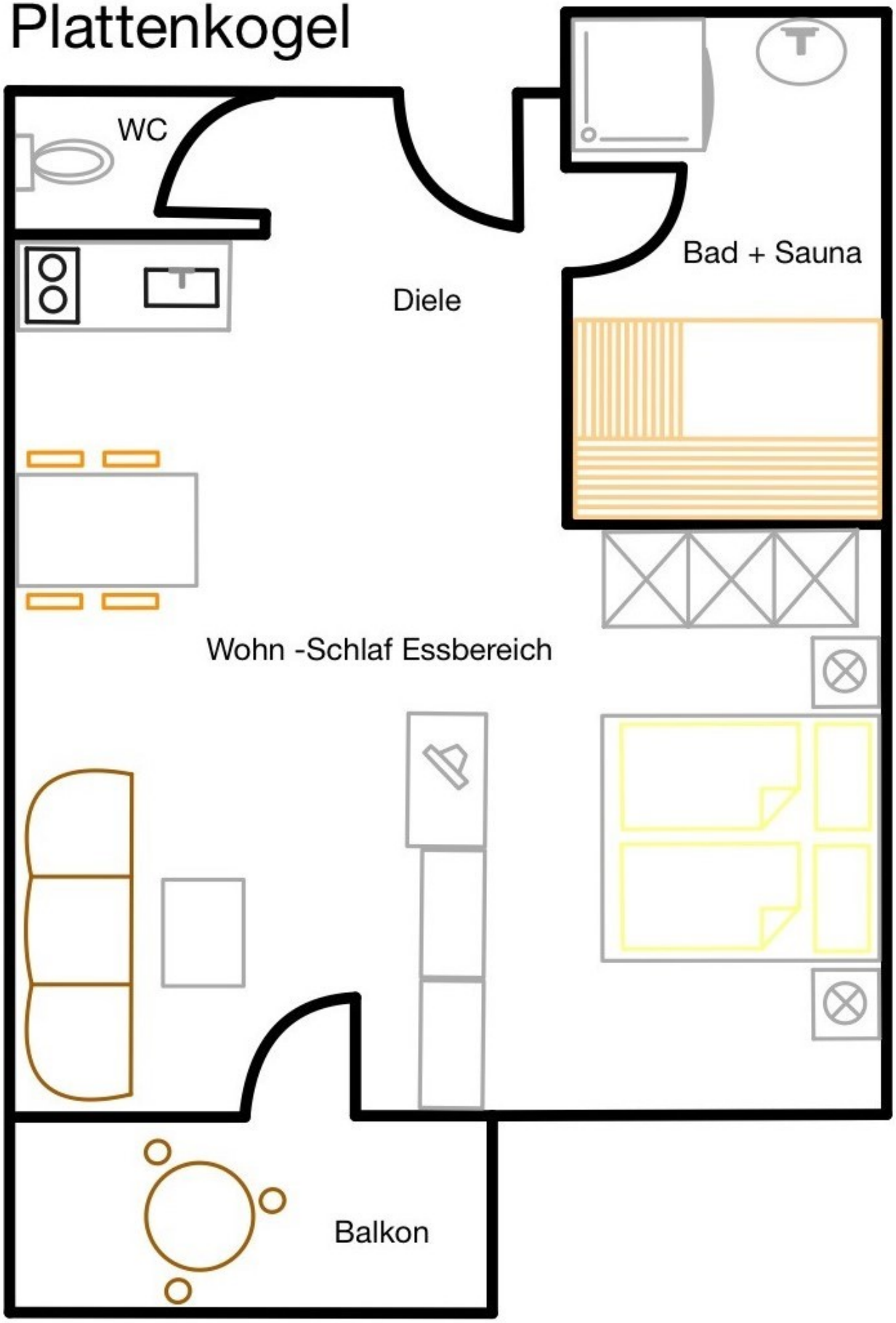Plattenkogel